

Newsletter June 2026



Australian
Temperament
Project

Spanning
43
years

Men's Health Week: Every Story Matters!

Why men's health matters

Research shows that men are more likely to face health challenges including heart disease, diabetes, anxiety, and depression. Yet men often don't seek help when it comes to their own health. Men's Health Week is about changing that.

Why ATP is unique

Here's what makes ATP special: we're one of the only studies tracking three generations of men and boys in the same families. Over 43 years, our data has shaped policy on men's mental health and wellbeing, especially around pregnancy and early parenthood.

In our latest Wellbeing Survey, we are interested in the health of the whole family, including dads, sons, and grandfathers. Your voice will help us learn more about what issues are affecting families, and what can be done to help support them.

Every story matters

Whether you started with us as a parent or as a child (and now maybe you're a parent yourself), we need you – and your family members. Please fill out the Wellbeing Survey. It will help us make a real difference. Your participation will help improve the health and wellbeing of future generations.

If you've filled out the survey already, thank you!

Do you know other ATP participants who haven't yet filled out the Wellbeing Survey? Please encourage them to take part – or let us know how we can get in touch with them directly.

- Can't find your survey? [Let us know](#) and we'll send you one!
- Have your contact details changed? [Update contact details here](#) - for you or for a family member.

Thank you for being a part of ATP! We're so happy you're part of the journey.

Questions? Please feel free to contact the us at atp-team@deakin.edu.au or on (03) 9345 4129.

Yours sincerely



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