



# Brain Quiz User Guide

## Helpful tips and tricks to get you started

We're excited to invite you to take part in the ATP Brain Quiz. We hope that this information helps to answer any questions you may have as you go through the quiz. If you have any other questions, please reach out to the team at [atp-team@deakin.edu.au](mailto:atp-team@deakin.edu.au)  
We're here to help!

### What's involved in the Brain Quiz?

- The Brain Quiz is an online quiz
- It's hosted on a secure server called 'Cognifit'
- There are six online activities to complete
- It takes most people 10-20 minutes
- The activities can be challenging - just do your best
- The activities are best completed on a computer, but they can be done on some other devices (tablet or phone)
- If you're using a handheld device (tablet or phone), please rotate to using it in landscape view

### How do I start?

#### Step 1:

1. Open the invitation email from [atp-team@deakin.edu.au](mailto:atp-team@deakin.edu.au)
2. Click on your secure Brain Quiz link
3. After reading the Participant Information Form, provide your consent to take part on the screen that looks like this:

Please indicate your consent to participate in the survey

\* must provide value

Yes, I consent

No, I do not consent

#### Step 2:

1. Once you have selected 'Yes, I consent', click on 'Next Page'
2. Now, click on the words '[Click here to start your ATP Brain Quiz](#)' to begin

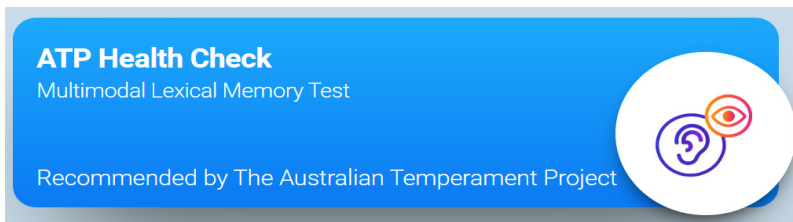
[Here is your link to the Brain Quiz](#)

**Please note:** You do not need to sign in to the Brain Quiz platform using a personal email address.

[Click here to start your ATP Brain Quiz](#)

### Step 3:

1. You will now be redirected to the Cognifit (Brain Quiz) website
2. To begin, click the button in the screen that looks like this:



### How do I complete the quiz?

1. There are six different tasks to complete
2. Before each task, there will be a short instructional/demo video you can watch
3. You will then be given a chance to practice the activity before the task begins

#### Practice

Click the button 5 times. In the test, you will have to click it as many times as possible.

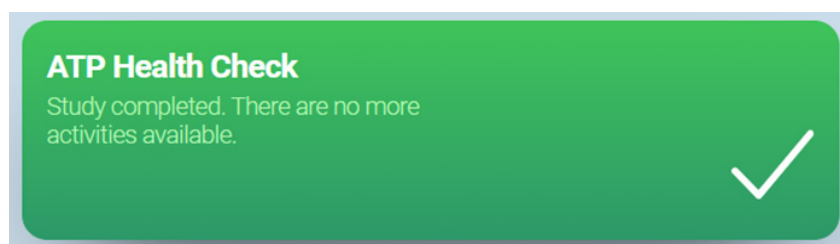


4. When a single task is completed, the following message will display:


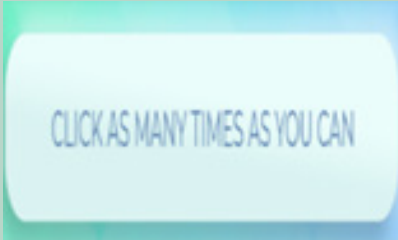

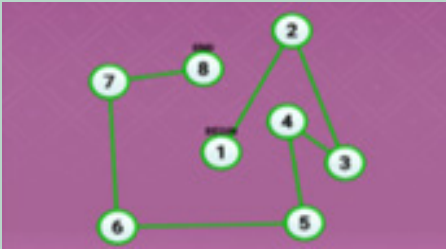
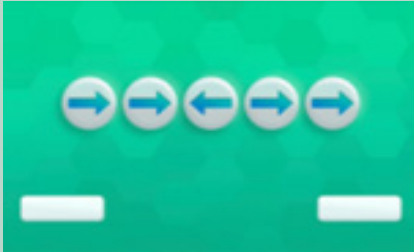
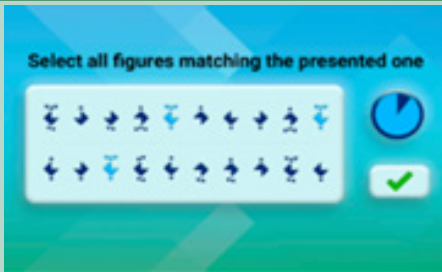


#### Assessment Completed

5. Click 'Finish' below 'Assessment Completed' to move on to the next task
6. Once the Brain Quiz is complete, the following message will display:



## Task Overview

Task #	What it looks like	What's involved
1		<p>You will hear a spoken word or see a picture of an object. You are required to remember whether the object has been presented as an image, spoken word, or not presented before.</p>
2		<p>You will need to tap the rectangle on your screen as many times as you can in the set amount of time.</p>
3		<p>You will see a sequence of numbers; you need to remember them and then enter them.</p>
4		<p>Firstly, you will be asked to join numbers in ascending order. Then, you will be asked to join the numbers and letters in alternating order.</p>
5		<p>You will see a row of arrows on the screen. Click the box (either left or right) that matches the middle arrow's direction.</p>
6		<p>You will be shown a shape to memorise. Then, click on the shapes that are the same as the one you memorised.</p>

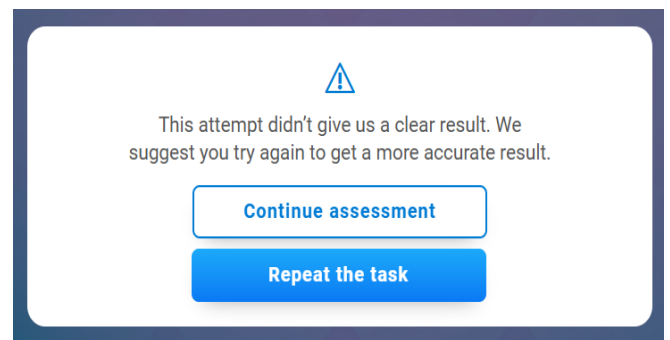
## Frequently Asked Questions

### 1. The quiz won't work on my computer/phone/tablet

- If clicking on the link isn't working, try copying or typing the URL into your web browser
- If you're still having trouble, try opening it on a different device
- Please let us know via email ([atp-team@deakin.edu.au](mailto:atp-team@deakin.edu.au)) or phone (9345 4129) if you are having trouble

### 2. I'm being asked to repeat a task, what do I do?

- This alert may appear if responses are very slow or very fast
- If you receive this message, you can either
  - 1) **repeat the task, or**
  - 2) **move on to the next task by clicking on Continue Assessment**
- Some of these activities can be hard, it's okay to move to the next task
- If you do repeat the activity, try to give a response to each question, even if you're not sure



### 3. Can I take a break and come back?

Yes! Below is some helpful information if you need to pause and come back later.

#### Leaving the quiz:

- Simply exit out of the screen that you have open - there is no need to 'log out'
- Your progress is automatically saved

#### Returning to the quiz:

- Click on the link in your **original invitation email or SMS message**
- This will take you back to the original page where you gave consent
- Don't worry! You don't need to start again. Just scroll to the bottom and click on 'Next Page'
- Click on the words '**Click here to start your ATP Brain Quiz**' to get back to where you left off
- Alternatively, you can email [atp-team@deakin.edu.au](mailto:atp-team@deakin.edu.au) and we will send you a link that takes you directly to your quiz

#### 4. Do I need to enter my personal information?

- Please do not put your personal details, including your email address, into the Brain Quiz
- Returning to your quiz and 'signing in' may cause you to lose your progress
- Please use your original link or get in touch with us if you need any assistance

#### 5. I'm finished! How will I receive my gift card?

- We will send you a \$20 gift card via email
- Please allow 10 business days after completing the Brain Quiz for the gift card to arrive in your inbox
- Thank you so much for taking part!

### Additional support is available!

Please get in touch with our friendly research team on via phone on **9345 4129** or email us at [atp-team@deakin.edu.au](mailto:atp-team@deakin.edu.au)

We're more than happy to help!