

An update from ATP



Australian
Temperament
Project

Spanning
42
years

Exciting news: Over 200 participants join our advisory network!

We're thrilled to share that more than 200 participants have expressed interest in joining our **Participant Advisory Network**!

This enthusiastic response includes participants from all three generations in our study, representing both metropolitan and regional Victoria. With such a diverse group, we're excited to gather a wide range of perspectives to help shape the future of our research.

Why it matters

By joining the network, participants will play a key role in guiding important decisions and ensuring our study continues to make a meaningful impact.

What's next?

We're currently planning a mix of online and in-person activities—stay tuned for more details coming soon!

Want to get involved?

It's not too late to register your interest. Click the link below to sign up and be part of the conversation.

 [Register Now](#)

Life@4 is complete – huge thank you to our participants!



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We're pleased to share that the **ATP Life@4 study** has officially wrapped up — and we couldn't have done it without you!

This important phase of the Australian Temperament Project focused on children's development at age 4, exploring family life, health and wellbeing, learning environments, and early relationships.

What we achieved together

- 📅 **2015–2024:** Life@4 ran for nearly a decade
- 😊 **987 Generation 3 children** took part — that's **85%** of those eligible
- 👨👩 **608 Generation 2 parents** completed surveys — an incredible **87%** participation rate

What we're learning

- 📖 **Storytime is thriving:** 86% of families read to their child most days — a simple, powerful way to support learning and connection
- 😴 **Sleep is settling (for many!):** 61% of parents said their child's sleep is "no problem at all," though night waking is still common
- 👍 **Parents are feeling confident:** 72% rated their parenting as "better than average" or "very good"

Your contribution is helping us understand the early foundations of health, wellbeing, and development — and how we can better support children and families during these crucial early years.

Thank you again for being part of this journey. We're so grateful for your continued support.



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