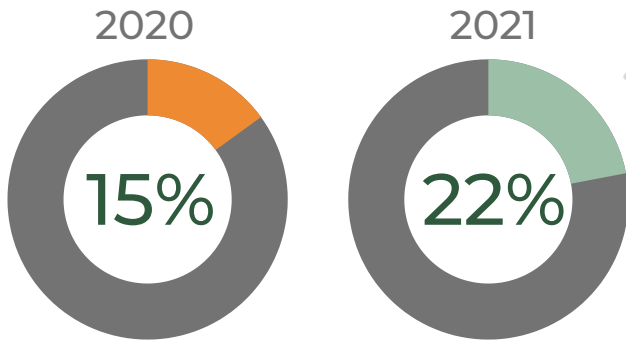
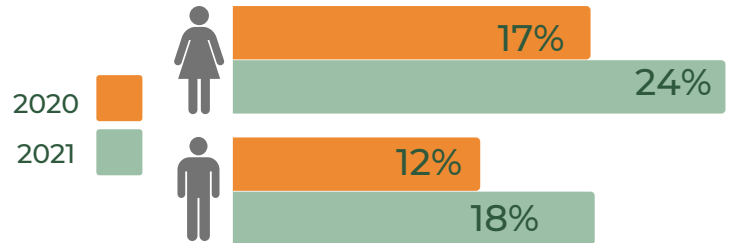


More of you reported very high distress on two or more indicators this year than last year



This was the case for both mothers and fathers



EMERGING FINDINGS ON

PARENT EMOTIONAL WELLBEING

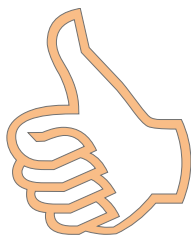
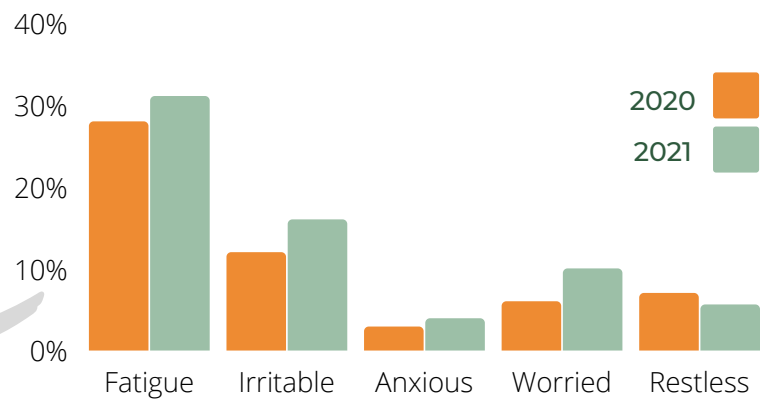
FROM THE BEGINNING OF COVID-19 TO NOW



48%

of you reported quality time spent with family was a positive of COVID-19

More of you reported being very or extremely fatigued, anxious, worried and irritable in 2021



Yet, more than **90%** of you said you are coping, despite increasing distress